

SHELLEY SCHOOL DISTRICT # 60

SUNRISE ELEMENTARY

Sep 21, 2018

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This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 SPUD HARVEST	Oct - 2 SPUD HARVEST	Oct - 3 SPUD HARVEST	Oct - 4 SPUD HARVEST	Oct - 5 SPUD HARVEST
Oct - 8 SUPER NACHO'S SALSA OR CRISPITO SALSA REFRIED BEANS CORN APPLESAUCE MILK, 1% WHITE MILK, FF CHOC	Oct - 9 CHICKEN STRIPS B-B-Q- SAUCE HOT ROLL OR HAMBURGER ON W/W BUN HAMBURGER TOPPINGS LOADED MASHED POTATOES GREEN BEANS CHILLED PEARS MILK, 1% WHITE MILK, FF CHOC	Oct - 10 ITALIAN DUNKER SAUCE HOT BREAD STICK CHEESE STICK OR PB JAMWICH CHEESE STICK FRESH GREEN SALAD RANCH DRESSING BABY CARROTS PEACHES MILK, 1% WHITE MILK, FF CHOC	Oct - 11 RIB-B-Q ON W/W BUN OR CHICKEN NUGGETS B-B-Q- SAUCE HOT ROLL POTATO WEDGES KETCHUP PACKET STEAMED BROCCOLI MANDARIN ORANGES MILK, 1% WHITE MILK, FF CHOC	Oct - 12 SLOPPY JOE ON W/W BUN PICKLEs OR CHICKEN BURGER ON W/W BUN MAYO/LETTUCE/PICKLES FINGER SALADS BABY CARROTS STRAWBERRY CUP MILK, 1% WHITE MILK, FF CHOC
Oct - 15 FRENCH TOAST STICKS MAPLE SYRUP SCRAMBLED EGGS SALSA OR BURRITO SALSA TATOR TOTS KETCHUP PACKET WATERMELON MILK, 1% WHITE MILK, FF CHOC	Oct - 16 TANGERINE CHICKEN BROWN RICE HOT ROLL OR HAMBURGER ON W/W BUN HAMBURGER TOPPINGS CALIFORNIA BLEND ORANGE SMILES MILK, 1% WHITE MILK, FF CHOC	Oct - 17 TURKEY NOODLE STEW HOT ROLL PEANUT BUTTER/HONEY OR CORNDOG MUSTARD/KETCHUP MASHED POTATOES PEAS & CARROTS SIDEKICKS, FROZEN TREAT MILK, 1% WHITE MILK, FF CHOC	Oct - 18 SOFT TACO TACO TOPPINGS OR CHICKEN NUGGETS B-B-Q- SAUCE SEASONED BLACK BEANS STEAMED BROCCOLI FRESH STRAWBERRIES CHOC. CHEWDLE COOKIE MILK, 1% WHITE MILK, FF CHOC	Oct - 19 LASAGNA HOT BREAD STICK OR CHEESE PIZZA FRESH GREEN SALAD RANCH DRESSING BABY CARROTS MIXED FRUIT JELLO w/TOPPING MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 22 CHICKEN FAJITA TACO TOPPINGS OR CRISPITO SALSA FINGER SALADS RANCH DRESSING PINEAPPLE CHOCOLATE PUDDING MILK, 1% WHITE MILK, FF CHOC	Oct - 23 MINI CORNDOG MUSTARD/KETCHUP OR HAMBURGER ON W/W BUN HAMBURGER TOPPINGS MACARONI & CHEESE CALIFORNIA BLEND CHILLED PEARS MILK, 1% WHITE MILK, FF CHOC	Oct - 24 SPAGHETTI HOT BREAD STICK CHEESE STICK OR PB JAMWICH CHEESE STICK BABY CARROTS FRESH GREEN SALAD RANCH DRESSING PEACHES MILK, 1% WHITE MILK, FF CHOC	Oct - 25 HOT DOG WRAP MUSTARD/KETCHUP OR CHICKEN NUGGETS B-B-Q- SAUCE HOT ROLL BAKED BEANS CORN FRESH BANANA MILK, 1% WHITE MILK, FF CHOC	Oct - 26 CHEF SALAD HOT ROLL OR CHICKEN BURGER ON W/W BUN MAYO/LETTUCE/PICKLES GREEN BEANS MIXED FRUIT MILK, 1% WHITE MILK, FF CHOC
Oct - 29 HOT B-B-Q PORK ON WHOLE GRAIN BUN OR BURRITO SALSA FRIES KETCHUP PACKET STEAMED BROCCOLI CHILLED PEARS SHERBET CUP MILK, 1% WHITE MILK, FF CHOC	Oct - 30 HOT HAM & CHEESE SANDWICH OR HAMBURGER ON W/W BUN HAMBURGER TOPPINGS TOMATO SOUP CARROT/CELERY STICKS RANCH DRESSING PEACHES MILK, 1% WHITE MILK, FF CHOC	Oct - 31 CHICKEN FRIED STEAK OR CORNDOG MUSTARD/KETCHUP MASHED POTATOES BROWN GRAVY BUTTERED CARROTS APPLESAUCE COOKIE, ICED MILK, 1% WHITE MILK, FF CHOC		

HAPPY NATIONAL SCHOOL LUNCH WEEK OCT 15-19

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