

SHELLEY SCHOOL DISTRICT # 60

SUNRISE ELEMENTARY

Oct 22, 2018

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This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 PORK CARNITA TACO TOPPINGS OR CHICKEN NUGGETS B-B-Q- SAUCE CORN SEASONED BLACK BEANS FRESH GRAPES OATMEAL COOKIE MILK, 1% WHITE MILK, FF CHOC	Nov - 2 NO SCHOOL
Nov - 5 SUPER NACHO'S SALSA OR CRISPITO SALSA REFRIED BEANS FINGER SALADS RANCH DRESSING FRESH APPLE MILK, 1% WHITE MILK, FF CHOC	Nov - 6 CHICKEN STRIPS B-B-Q- SAUCE HOT ROLL OR HAMBURGER ON W/W BUN HAMBURGER TOPPINGS LOADED MASHED POTATOES GREEN BEANS CHILLED PEARS MILK, 1% WHITE MILK, FF CHOC	Nov - 7 ITALIAN DUNKER SAUCE HOT BREAD STICK CHEESE STICK OR PB JAMWICH CHEESE STICK FRESH GREEN SALAD RANCH DRESSING BABY CARROTS PEACHES MILK, 1% WHITE MILK, FF CHOC	Nov - 8 RIB-B-Q ON W/W BUN OR CHICKEN NUGGETS B-B-Q- SAUCE HOT ROLL POTATO WEDGES KETCHUP PACKET STEAMED BROCCOLI MANDARIN ORANGES MILK, 1% WHITE MILK, FF CHOC	Nov - 9 SLOPPY JOE ON W/W BUN PICKLES OR CHICKEN BURGER ON W/W BUN MAYO/LETTUCE/PICKLES CORN STRAWBERRY CUP MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 12 FRENCH TOAST STICKS MAPLE SYRUP SCRAMBLED EGGS SALSA OR BURRITO SALSA TATOR TOTS KETCHUP PACKET ORANGE SMILES MILK, 1% WHITE MILK, FF CHOC	Nov - 13 TANGERINE CHICKEN BROWN RICE HOT ROLL OR HAMBURGER ON W/W BUN HAMBURGER TOPPINGS CALIFORNIA BLEND APPLESAUCE MILK, 1% WHITE MILK, FF CHOC	Nov - 14 CHICKEN FAJITA TACO TOPPINGS OR CORNDOG MUSTARD/KETCHUP MASHED POTATOES PEAS & CARROTS PEACHES MILK, 1% WHITE MILK, FF CHOC	Nov - 15 SOFT TACO TACO TOPPINGS OR CHICKEN NUGGETS B-B-Q- SAUCE SEASONED BLACK BEANS STEAMED BROCCOLI CHILLED PEARS CHOC. CHEWDLE COOKIE MILK, 1% WHITE MILK, FF CHOC	Nov - 16 LASAGNA HOT BREAD STICK OR CHEESE PIZZA FRESH GREEN SALAD RANCH DRESSING BABY CARROTS MIXED FRUIT JELLO w/TOPPING MILK, 1% WHITE MILK, FF CHOC
Nov - 19 TURKEY & GRAVY OR CRISPITO SALSA MASHED POTATOES PUMPKIN SPICE SCONE GREEN BEANS DRIED CRANBERRIES MILK, 1% WHITE MILK, FF CHOC	Nov - 20 EARLY RELEASE	Nov - 21 NO SCHOOL	Nov - 22 NO SCHOOL	Nov - 23 NO SCHOOL

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Nov - 26 HOT B-B-Q PORK ON WHOLE GRAIN BUN OR BURRITO SALSA FRIES KETCHUP PACKET STEAMED BROCCOLI CHILLED PEARS SHERBET CUP MILK, 1% WHITE MILK, FF CHOC	Nov - 27 HOT HAM & CHEESE SANDWICH OR HAMBURGER ON W/W BUN HAMBURGER TOPPINGS TOMATO SOUP CARROT/CELERY STICKS RANCH DRESSING PEACHES MILK, 1% WHITE MILK, FF CHOC	Nov - 28 CHICKEN FRIED STEAK HOT ROLL OR CORNDOG MUSTARD/KETCHUP MASHED POTATOES BROWN GRAVY BUTTERED CARROTS APPLESAUCE MILK, 1% WHITE MILK, FF CHOC	Nov - 29 PORK CARNITA TACO TOPPINGS OR CHICKEN NUGGETS B-B-Q- SAUCE CORN SEASONED BLACK BEANS BLUEBERRY CUP OATMEAL COOKIE MILK, 1% WHITE MILK, FF CHOC	Nov - 30 HAM & POTATO SOUP CHEESE, SHRED HOT ROLL OR PEPPERONI PIZZA BABY CARROTS FRESH GREEN SALAD RANCH DRESSING MIXED FRUIT MILK, 1% WHITE MILK, FF CHOC

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