

# SHELLEY SCHOOL DISTRICT # 60

SHELLEY HIGH SCHOOL

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 SPUD HARVEST	Oct - 2 SPUD HARVEST	Oct - 3 SPUD HARVEST	Oct - 4 SPUD HARVEST	Oct - 5 SPUD HARVEST
Oct - 8 LINE #2&3 SUPER NACHO'S JALAPENOS SALSA REFRIED BEANS BABY CARROTS RANCH DRESSING CINNAMON TWIST FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 CHICKEN NUGGETS B-B-Q- SAUCE HOT ROLL POTATO WEDGES KETCHUP PACKET BAKED BEANS LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER BAKED BEANS POTATO WEDGES CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 9 LINE #2&3 ITALIAN DUNKER SAUCE CHEESE STICK HOT BREAD STICK GREEN BEANS FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 PIZZA FRIES LINE #1 (GRAB N GO) HAMBURGER ON W/W BUN OR RIB-B-Q SANDWICH OR HOAGIE FRIES CONDIMENTS (2) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 10 LINE #2&3 HOT HAM & CHEESE SANDWICH TOMATO SOUP CARROT/BROCCOLI RANCH DRESSING SHERBET CUP FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 CHICKEN ALFREDO HOT ROLL FRESH GREEN SALAD RANCH DRESSING BUTTERED CARROTS LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER POTATO WEDGES BABY CARROTS CONDIMENTS (1) CHEF SALAD (turkey) CHEF SALAD (HAM) WATER	Oct - 11 LINE #2&3 BAKED POTATO BAR POTATO TOPPING HOT ROLL BUTTERED CARROTS FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 PIZZA RIPPERS FRESH GREEN SALAD RANCH DRESSING FRIES LINE #1 (GRAB N GO) HAMBURGER ON W/W BUN OR HOAGIE OR RIB-B-Q SANDWICH FRIES CARROT/BROCCOLI CONDIMENTS (2) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 12 LINE #2&3 TURKEY NOODLE STEW MASHED POTATOES HOT ROLL PEANUT BUTTER/HONEY PEAS & CARROTS FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 CRISPITO TOPPING RANCH DRESSING SPANISH RICE CORN LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER POTATO WEDGES CARROT/BROCCOLI CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 15  LINE #2&3 FRENCH TOAST STICKS MAPLE SYRUP CUP SCRAMBLED EGGS SALSA TATOR TOTS KETCHUP PACKET WATERMELON FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 CHICKEN NUGGETS B-B-Q- SAUCE HOT ROLL BAKED BEANS POTATO WEDGES KETCHUP PACKET LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER BAKED BEANS POTATO WEDGES CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 16  LINE #2&3 TANGERINE CHICKEN FRIED RICE STEAMED BROCCOLI CHOC. CHEWDLE COOKIE FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 PIZZA FRESH GREEN SALAD RANCH DRESSING FRIES LINE #1 (GRAB N GO) HAMBURGER ON W/W BUN OR HOAGIE OR RIB-B-Q SANDWICH FRIES CARROT/BROCCOLI CONDIMENTS (2) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 17  LINE #2&3 LASAGNA HOT BREAD STICK FRESH GREEN SALAD RANCH DRESSING GREEN BEANS SIDEKICKS, FROZEN TREAT FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 BBQ PORK SANDWICH LETTUCE & PICKLE POTATO WEDGES KETCHUP PACKET BABY CARROTS LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER POTATO WEDGES CARROT/BROCCOLI CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 18  LINE #2&3 SANTA FE WRAP OR SOFT TACO TACO TOPPINGS SEASONED BLACK BEANS SPANISH RICE JELLO w/TOPPING FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 PIZZA RIPPERS FRESH GREEN SALAD RANCH DRESSING FRIES KETCHUP PACKET LINE #1 (GRAB N GO) HAMBURGER ON W/W BUN OR HOAGIE OR RIB-B-Q SANDWICH FRIES CARROT/BROCCOLI CONDIMENTS (2) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 19  LINE #2&3 CHINESE HAYSTACKS CHINESE HAYSTACK TOPPINGS BROWN RICE HOT ROLL BUTTERED CARROTS FRESH STRAWBERRIES FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 HOT DOG WRAP MUSTARD/KETCHUP POTATO WEDGES KETCHUP PACKET BUTTERED CARROTS LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER POTATO WEDGES CARROT/BROCCOLI CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 22  LINE #2&3 KICKIN CHICKEN ENCHILADAS SALSA SAVORY BROWN RICE SEASONED BLACK BEANS FRESH GREEN SALAD RANCH DRESSING FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 CHICKEN NUGGETS B-B-Q- SAUCE HOT ROLL POTATO WEDGES KETCHUP PACKET BAKED BEANS LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER BAKED BEANS POTATO WEDGES CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 23  LINE #2&3 MINI CORNDOG MUSTARD/KETCHUP MACARONI & CHEESE PEAS & CARROTS CHOCOLATE PUDDING FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 PIZZA FRESH GREEN SALAD RANCH DRESSING FRIES LINE #1 (GRAB N GO) HAMBURGER ON W/W BUN OR HOAGIE OR RIB-B-Q SANDWICH FRIES CARROT/BROCCOLI CONDIMENTS (2) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 24  LINE #2&3 CHICKEN STACKER HOT ROLL CORN FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 SLOPPY JOE ON W/W BUN POTATO WEDGES BABY CARROTS RANCH DRESSING LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER POTATO WEDGES CARROT/BROCCOLI CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 25  LINE #2&3 HAM & POTATO SOUP, new BREAD BOWL CHEESE, SHRED FINGER SALADS RANCH DRESSING FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 PIZZA RIPPERS FRIES KETCHUP PACKET LINE #1 (GRAB N GO) HAMBURGER ON W/W BUN OR HOAGIE OR RIB-B-Q SANDWICH FRIES CONDIMENTS (2) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 26  LINE #2&3 ASIAN CHICKEN BROWN RICE CINNAMON TWIST CALIFORNIA BLEND FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 TACO SALAD TACO TOPPINGS RANCH DRESSING BUTTERED CARROTS CINNAMON TWIST LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER POTATO WEDGES CARROT/BROCCOLI CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER

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Oct - 29  LINE #2&3 SPAGHETTI CHEESE STICK HOT BREAD STICK GREEN BEANS FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 CHICKEN NUGGETS B-B-Q- SAUCE HOT ROLL POTATO WEDGES KETCHUP PACKET BAKED BEANS LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER BAKED BEANS POTATO WEDGES CONDIMENTS (1) CHEF SALAD (turkey) CHEF SALAD (HAM) WATER	Oct - 30  LINE #2&3 GENERAL TSO'S CHICKEN BROWN RICE HOT ROLL PEAS & CARROTS FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 PIZZA FRESH GREEN SALAD RANCH DRESSING FRIES KETCHUP PACKET BABY CARROTS LINE #1 (GRAB N GO) HAMBURGER ON W/W BUN OR HOAGIE OR RIB-B-Q SANDWICH FRIES CARROT/CELERY STICKS CONDIMENTS (2) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER	Oct - 31  LINE #2&3 MALIBU CHICKEN SANDWICH MUSTARD/MAYO SEASONED POTATOES FRESH GREEN SALAD RANCH DRESSING COOKIE, ICED FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC LINE #4 SALAD BAR HOT ROLL BUTTERED CARROTS LINE #1 (GRAB N GO) CHICKEN BURGER OR SPICY CHICKEN BURGER POTATO WEDGES CARROT/BROCCOLI CONDIMENTS (1) CHEF SALAD (HAM) CHEF SALAD (turkey) WATER		

HAPPY NATIONAL SCHOOL LUNCH WEEK OCT 15-19

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