

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST
004 - SHELLEY HIGH SCHOOL

Sep 14, 2018

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 SPUD HARVEST	Oct - 2 SPUD HARVEST	Oct - 3 SPUD HARVEST	Oct - 4 SPUD HARVEST	Oct - 5 SPUD HARVEST
Oct - 8 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 9 BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 10 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 11 PANCAKE STICK & HASHBROWN MAPLE SYRUP CUP OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 12 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Oct - 15 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 16 BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 17 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 18 PANCAKE STICK & HASHBROWN MAPLE SYRUP CUP OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 19 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER

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Oct - 22 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 23 BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 24 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 25 PANCAKE STICK & HASHBROWN MAPLE SYRUP CUP OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 26 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER

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Oct - 29 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 30 BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Oct - 31 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER		

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