

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

010 - SHS BREAKFAST

Apr 19, 2018

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"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 1 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 2 COMBO BAR/HOT ROLL OR MINI WAFFLES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 3 PANCAKE STICK & HASHBROWN OR MINI MAPLE PANCAKES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 4 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
May - 7 MINI APPLE BITES OR TACO ROLL & TATOR TOTS LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 8 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 9 COMBO BAR/HOT ROLL OR MINI WAFFLES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 10 PANCAKE STICK & HASHBROWN OR MINI MAPLE PANCAKES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 11 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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May - 14 MINI APPLE BITES OR TACO ROLL & TATOR TOTS LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 15 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 16 COMBO BAR/HOT ROLL OR MINI WAFFLES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 17 PANCAKE STICK & HASHBROWN OR MINI MAPLE PANCAKES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 18 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
May - 21 MINI APPLE BITES OR TACO ROLL & TATOR TOTS LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 22 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 23 COMBO BAR/HOT ROLL OR MINI WAFFLES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 24 PANCAKE STICK & HASHBROWN OR MINI MAPLE PANCAKES LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 25 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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