

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
		May - 1 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 2 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 3 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
May - 6 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 7 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 8 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 9 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 10 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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May - 13 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 14 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 15 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 16 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 17 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
May - 20 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 21 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 22 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 23 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	May - 24 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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