

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
Mar - 4 MINI CINNI OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 5 PANCAKE BITES W/ SAUSAGE OR PANCAKE STICK & HASHBROWN LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 6 WAFFLE STIX OR COMBO BAR/HOT ROLL LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 7 PANCAKES WITH CINN GLAZE SCRAMBLED EGGS OR BREAKFAST PIZZA LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 8 GLAZED DONUT OR FRENCH TOAST / SAUSAGE LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 11 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 12 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 13 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 14 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 15 NO SCHOOL
Mar - 18 NO SCHOOL	Mar - 19 SPRING BREAK	Mar - 20 SPRING BREAK	Mar - 21 SPRING BREAK	Mar - 22 SPRING BREAK

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Mar - 25 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 26 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 27 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 28 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 29 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

HAPPY NATIONAL SCHOOL BREAKFAST WEEK

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