

SHELLEY SCHOOL DISTRICT # 60
HIGH SCHOOL BREAKFAST
010 - SHS BREAKFAST

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
			Mar - 1 PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 2 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 5 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 6 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 7 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 8 PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 9 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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Feb 20, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 12 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 13 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 14 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 15 PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Mar - 16 NO SCHOOL
Mar - 19 NO SCHOOL	Mar - 20 SPRING BREAK	Mar - 21 SPRING BREAK	Mar - 22 SPRING BREAK	Mar - 23 SPRING BREAK

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 26	Mar - 27	Mar - 28	Mar - 29	Mar - 30
TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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