

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

010 - SHS BREAKFAST

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 2 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
Feb - 5 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 6 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 7 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 8 PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 9 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb - 12 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 13 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 14 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 15 PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 16 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
Feb - 19 NO SCHOOL	Feb - 20 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 21 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 22 PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 23 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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010 - SHS BREAKFAST

Jan 19, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 26 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 27 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 28 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC		

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