

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
Feb - 4 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 5 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 6 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 7 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 8 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

Jan 15, 2019

Page 2

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 11 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 12 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 13 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 14 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 15 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC
Feb - 18 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 19 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 20 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 21 PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Feb - 22 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

Jan 15, 2019

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 25	Feb - 26	Feb - 27	Feb - 28	
TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	PANCAKE STICK & HASHBROWN OR LONG JOHN/FROSTED YOGURT PARFAIT PB JAMWICH BENEFIT BAR CEREAL/ROLL FILLED MINI BAGEL POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.