

# SHELLEY SCHOOL DISTRICT # 60

## HIGH SCHOOL BREAKFAST

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3	Dec - 4	Dec - 5	Dec - 6	Dec - 7
TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	PANCAKE STICK & HASHBROWN MAPLE SYRUP CUP OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 10	Dec - 11	Dec - 12	Dec - 13	Dec - 14
TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	PANCAKE STICK & HASHBROWN MAPLE SYRUP CUP OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER

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Dec - 17  TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Dec - 18  BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Dec - 19  COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Dec - 20  PANCAKE STICK & HASHBROWN MAPLE SYRUP CUP OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Dec - 21  FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER
Dec - 24  NO SCHOOL	Dec - 25  NO SCHOOL	Dec - 26  NO SCHOOL	Dec - 27  NO SCHOOL	Dec - 28  NO SCHOOL
Dec - 31  NO SCHOOL				

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