SHELLEY SCHOOL DISTRICT # 60

Page 1 HIGH SCHOOL BREAKFAST

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3	Dec - 4	Dec - 5	Dec - 6	Dec - 7
TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Dec - 4 BREAKFAST PIZZA OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	Dec - 5 COMBO BAR/HOT ROLL OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER	PANCAKE STICK & HASHBROWN MAPLE SYRUP CUP OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE	PRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC WATER
WATER	WATER	WATER	MILK, 176 WHITE MILK, FF CHOC WATER	WATER

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Dec 3, 2018

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.

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Dec - 10 Dec - 11 Dec - 12 Dec - 13 TACO ROLL & TATOR TOTS OR OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH OR BENEFIT BAR OR	Dec - 14 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH
OR LONG JOHN/FROSTED LONG JOHN/FROSTED LONG JOHN/FROSTED OR	OR LONG JOHN/FROSTED OR YOGURT PARFAIT OR PB JAMWICH
FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC FILLED MINI BAGEL OR POPTART POPTART CHEESE STICK OR POPTART CHEESE STICK OR POPTART CHEESE STICK OR OR OR POPTART CHEESE STICK OR JUICE, ASST JUICE, ASST FRESH FRUIT CHOICE FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC FRESH FRUIT CHOICE MILK, FF CHOC FRESH FRUIT CHOICE FRESH FRUIT CHOICE MILK, FF CHOC FRESH FRUIT CHOICE	OR BENEFIT BAR OR CEREAL/ROLL OR FILLED MINI BAGEL OR POPTART CHEESE STICK JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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HIGH SCHOOL BREAKFAST

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 17	Dec - 18	Dec - 19	Dec - 20	Dec - 21
TACO ROLL & TATOR TOTS	BREAKFAST PIZZA	COMBO BAR/HOT ROLL	PANCAKE STICK &	FRENCH TOAST / SAUSAGE
OR	OR	OR	HASHBROWN	OR
LONG JOHN/FROSTED	LONG JOHN/FROSTED	LONG JOHN/FROSTED	MAPLE SYRUP CUP	LONG JOHN/FROSTED
OR	OR	OR	OR	OR
YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	LONG JOHN/FROSTED	YOGURT PARFAIT
OR	OR	OR	OR	OR
PB JAMWICH	PB JAMWICH	PB JAMWICH	YOGURT PARFAIT	PB JAMWICH
OR	OR	OR	OR	OR
BENEFIT BAR	BENEFIT BAR	BENEFIT BAR	PB JAMWICH	BENEFIT BAR
OR	OR	OR	OR	OR
CEREAL/ROLL	CEREAL/ROLL	CEREAL/ROLL	BENEFIT BAR	CEREAL/ROLL
OR	OR	OR	OR	OR
FILLED MINI BAGEL	FILLED MINI BAGEL	FILLED MINI BAGEL	CEREAL/ROLL	FILLED MINI BAGEL
OR	OR	OR	OR	OR
POPTART	POPTART	POPTART	FILLED MINI BAGEL	POPTART
CHEESE STICK	CHEESE STICK	CHEESE STICK	OR	CHEESE STICK
JUICE, ASST	JUICE, ASST	JUICE, ASST	POPTART	JUICE, ASST
FRESH FRUIT CHOICE	FRESH FRUIT CHOICE	FRESH FRUIT CHOICE	CHEESE STICK	FRESH FRUIT CHOICE
MILK, 1% WHITE	MILK, 1% WHITE	MILK, 1% WHITE	JUICE, ASST	MILK, 1% WHITE
MILK, FF CHOC	MILK, FF CHOC	MILK, FF CHOC	FRESH FRUIT CHOICE	MILK, FF CHOC
WATER	WATER	WATER	MILK, 1% WHITE	WATER
			MILK, FF CHOC	
			WATER	
Dec - 24	Dec - 25	Dec - 26	Dec - 27	Dec - 28
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
Dec - 31				
NO SCHOOL				

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