

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

010 - SHS BREAKFAST

Mar 30, 2018

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"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2	Apr - 3	Apr - 4	Apr - 5	Apr - 6
TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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Apr - 9	Apr - 10	Apr - 11	Apr - 12	Apr - 13
TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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Apr - 16 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 17 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 18 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 19 PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 20 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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Apr - 23 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 24 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 25 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 26 PANCAKE STICK & HASHBROWN OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC	Apr - 27 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE POPTART/CHEESE STK. JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC

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