

# SHELLEY SCHOOL DISTRICT # 60

## RIVERVIEW BREAKFAST

"This institution is an equal opportunity provider"

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
|   |  |  | Nov - 1<br><br>FRENCH TOAST STICKS<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC  | Nov - 2<br><br>NO SCHOOL  |
| Nov - 5<br><br>PANCAKE ON A STICK<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 6<br><br>BREAKFAST PIZZA<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC  | Nov - 7<br><br>BREAKFAST COMBO-HAM<br>CINNAMON TOAST<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC  | Nov - 8<br><br>FRENCH TOAST STICKS<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC  | Nov - 9<br><br>MINI CINNI<br>OR<br>CEREAL, ASST.<br>BENEFIT BAR, MINI<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC |
| Nov - 12<br><br>MINI WAFFLES<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC      | Nov - 13<br><br>BREAKFAST PIZZA<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 14<br><br>BREAKFAST COMBO-HAM<br>CINNAMON TOAST<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 15<br><br>FRENCH TOAST STICKS<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 16<br><br>MAPLE BITES<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC  |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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## RIVERVIEW BREAKFAST

Oct 22, 2018

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| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| Nov - 19<br><br>PANCAKE ON A STICK<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 20<br><br>BREAKFAST PIZZA<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 21<br><br>NO SCHOOL  | Nov - 22<br><br>NO SCHOOL   | Nov - 23<br><br>NO SCHOOL  |
| Nov - 26<br><br>MINI WAFFLES<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC       | Nov - 27<br><br>BREAKFAST PIZZA<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 28<br><br>BREAKFAST COMBO-HAM<br>CINNAMON TOAST<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 29<br><br>FRENCH TOAST STICKS<br>MAPLE SYRUP<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC | Nov - 30<br><br>MAPLE BITES<br>OR<br>CEREAL, ASST.<br>CINNAMON TOAST<br>JUICE, ASST<br>FRUIT CHOICE<br>MILK, 1% WHITE<br>MILK, FF CHOC |

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