

SHELLEY SCHOOL DISTRICT # 60

HIGH SCHOOL BREAKFAST

010 - SHS BREAKFAST

Jan 2, 2018

"This institution is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Jan - 1</p> <p>NO SCHOOL</p>	<p>Jan - 2</p> <p>BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH</p> <p>BENEFIT BAR CEREAL/ ROLL</p> <p>BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>	<p>Jan - 3</p> <p>COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/ FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH</p> <p>BENEFIT BAR CEREAL/ ROLL</p> <p>BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>	<p>Jan - 4</p> <p>PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>	<p>Jan - 5</p> <p>FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK.</p> <p>PB JAMWICH BENEFIT BAR CEREAL/ ROLL</p> <p>BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>
<p>Jan - 8</p> <p>TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK.</p> <p>PB JAMWICH BENEFIT BAR CEREAL/ ROLL</p> <p>BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>	<p>Jan - 9</p> <p>BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH</p> <p>BENEFIT BAR CEREAL/ ROLL</p> <p>BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>	<p>Jan - 10</p> <p>COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH</p> <p>BENEFIT BAR CEREAL/ ROLL</p> <p>BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>	<p>Jan - 11</p> <p>PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.</p>	<p>Jan - 12</p> <p>NO SCHOOL</p>

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

*- denotes combined nutrient totals with either missing or incomplete nutrient data.

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Jan - 15 NO SCHOOL	Jan - 16 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 17 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 18 PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 19 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.
Jan - 22 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 23 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 24 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 25 PANCAKE STICK & HASHBROWNS OR BRK. BURRITO & HASHBROWNS LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 26 FRENCH TOAST / SAUSAGE OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.

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Jan - 29 TACO ROLL & TATOR TOTS OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 30 BREAKFAST PIZZA OR LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.	Jan - 31 COMBO BAR/HOT ROLL OR BREAKFAST SANDWICH LONG JOHN/FROSTED YOGURT PARFAIT MUFFIN / CHEESE STK. PB JAMWICH BENEFIT BAR CEREAL/ROLL BAGEL / CREAM CHEESE JUICE, ASST FRESH FRUIT CHOICE MILK, 1% WHITE MILK, FF CHOC.		

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